

# Domestic Violence Awareness Month

## OCTOBER 2011



### “Love Shouldn’t Hurt”

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <i>FREE Yoga every Monday @Women’s Center, 12pm</i>	4 <i>FREE Yoga every Tues @Women’s Center, 6pm</i>	5 Retriever Wellness Expo & DVAM Kickoff, @Commons Main St, 11am-2pm	6 <i>FREE Yoga every Thurs @Women’s Center, 9am</i>	7	8
<b>Clothesline Project T-shirt Making, @Women’s Center, 1-4pm, Oct 4-6</b>						
9	10 Henna Fundraiser, @Commons Main St, 1-4pm Violence Against Women Act discussion w/ College Democrats @Commons 327, 12pm	11 DVAM Evening Event, @Commons Main St, 6-8pm <i>Clothesline Project Display @Commons Main St, 10am-3pm</i>	12 Relationship Violence Film Screening & Discussion, @Women’s Center, 12-1pm	13	14	15
<b>The Professional Staff Senate is sponsoring a cell phone drive to support Domestic Violence Awareness month in October. Used cell phones in good condition will be collected and donated to a local women's shelter through Dec. 13th.</b>						
16	17	18 Breaking the Silence Speaker Series: JOE EHRMANN, @UC Ballroom, 7-8:30pm	19 OctSoberFest! @Commons Breezeway, 11am-2pm	20		
23	24	25	26 The Jersey Lure, @Library Gallery, 7-9pm	27 LGBTQ Intimate Partner Violence: Presentation & Discussion, @Women’s Center, 11am-1pm	28	29
<b>Check out the new Relationship Violence Awareness &amp; Prevention website: <a href="http://www.umbc.edu/rvap">www.umbc.edu/rvap</a></b>						
30						

For more information about Domestic Violence Awareness Month or any of the listed events, contact The Office of Health Education.  
[www.umbc.edu/uhs](http://www.umbc.edu/uhs)  
 410-455-1558  
[www.umbc.edu/vav](http://www.umbc.edu/vav)



UMBC  
<http://www.umbc.edu/womenscenter>



Celebrating 20 Years 1991-2011  
 100,000 Stories: Which One is Yours?



# DOMESTIC VIOLENCE AWARENESS MONTH

## OCTOBER 2011 - LIST OF EVENTS

### ***Retriever Wellness Expo***

Wednesday, Oct. 5 - 11am-2pm, Commons Main Street

Come to the 4th Annual Retriever Wellness Expo! This event is open to the entire UMBC community. Stop by to learn more about University Health Services and all of the amazing resources they have to offer students, faculty and staff! Plus, meet other departments on campus who promote health and wellness at UMBC. This event will also serve as our official Domestic Violence Awareness Month Kickoff.

### ***The Clothesline Project T-Shirt Making***

Tuesday, Oct. 4 through Thursday, Oct. 6 - 1-4pm, The Women's Center

Stop by to make a shirt for yourself, a friend, family member, or any victim/survivor of domestic violence.

### ***Discussing the Violence Against Women Act with The College Democrats***

Monday, Oct. 10 - 12-1pm, Commons 327

The College Democrats are dedicating this weekly meeting to discussing the Violence Against Women Act and other domestic violence issues. All are welcome to join in this discussion.

### ***Henna Fundraiser***

Monday, Oct. 10 - 1-4pm, Commons Main Street

A student will be providing henna tattoos for the following prices based on size: small = \$5, medium, = \$10, large = \$15. ALL proceeds will be donated to TurnAround, Inc. a local non-profit organization that provides counseling and support services to victims and survivors of domestic violence and sexual assault.

### ***The Clothesline Project Display***

Tuesday, Oct. 12 - All Day, Commons Main Street

The Clothesline Project is a vehicle for women affected by violence to express their emotions by decorating a shirt. They then hang the shirt on a clothesline to be viewed by others as testimony to the problem of violence against women.

### ***An Evening Program Honoring Domestic Violence Awareness Month***

Tuesday, Oct. 11 - 6-8pm, Commons Main Street

Join us for an evening of honoring everyone affected by domestic violence. Our keynote speaker will be Bill Mitchell from the Kristin Mitchell Foundation. There will be additional performances, campus and community resources, free refreshments and more!

### ***Relationship Violence Film Screening & Discussion***

Wednesday, Oct. 12 - 12-1pm, The Women's Center

A short and provocative film will be shown, followed by an open discussion with reactions to the film. Facilitated by a Health Education staff member.



***Breaking the Silence Speaker Series: Joe Ehrmann***

Tuesday, Oct. 18 - 7-8:30pm, The UC Barllroom

Joe Ehrmann is known as the "Coach for America." A resident of Baltimore, Joe speaks to and works with students on developing individual responsibility and transformational leadership. Joe's keynote presentation will be focused on dating violence.

***OctSoberFest!***

Wednesday, Oct. 19 - 11am-2pm, Commons Breezeway

Myth or fact? Break down the real facts related to alcohol use and interpersonal violence through interactive games and conversation. Students can also try testing their attention and coordination through various simulation activities, have a free non-alcoholic smoothie, and much more! National Collegiate Alcohol Awareness Week falls on Oct. 16-22 this year.

***The Jersey Lure***

Wednesday, Oct. 26 - 7-9pm, The Library Gallery

Join Jess Myers from the Women's Center and the Jersey Shore crew for an interactive discussion around how popular media and "celebrities" can impact our perceptions of what is normal or acceptable when it comes to our relationships with each other. You'll walk away from this program with basic definitions and understanding of what relationship violence is and a greater awareness to help you and your peers break through the "lure."

***LGBTQ Intimate Partner Violence: Presentation & Discussion***

Thursday, Oct. 27 - 11am-1pm, The Women's Center

Join Avery from QUMBC and Galina from The Women's Center for a presentation and discussion around LGBTQ relationship violence. LGBTQ survivors of relationship abuse face many of the same struggles as their heterosexual counterparts, but are also confronted with challenges unique to their intersecting identities as survivors and as members of the LGBTQ community. The purpose of this program is to raise awareness about issues facing the LGBTQ community when it comes to relationship violence, seeking support, and mainstream perceptions of same-sex relationship abuse.

***Cell Phone Drive with the Professional Staff Senate***

Ongoing from Oct. 3 - Dec. 13

The Professional Staff Senate is sponsoring a cell phone drive to support Domestic Violence Awareness month in October. Used cell phones in good condition will be collected and donated to a local women's shelter. Please remember to include chargers and other accessories if you have them. Phones will be collected up until the last day of classes, Tuesday, December 13th. Feel free to contact Laila Shishineh at [lailams@umbc.edu](mailto:lailams@umbc.edu) or x53737 for more information. Drop off boxes located at:

- Academic Services: Registrar's Office Service Counter
- Campus Information Center: The Commons Front Desk
- Residential Life Office: Erickson Hall
- University Health Services: Ground Floor of Erickson Hall
- Women's Center: The Commons Room 004

***Free Yoga in the Women's Center (student led)***

Just drop in! Yoga mats available if you do not have your own.

- Mondays at 12pm
  - Tuesdays at 6pm
  - Thursdays at 9am
- 