



UMBC CREW



Are you fit? Are you interested in getting fit?
UMBC Crew is looking for **motivated** individuals to join our
competitive team that practices 4-6 times/week

Practice Time (starting: Sept. 3rd):
7:00 PM – 9:00 PM

Be at the **UMBC RAC** (gym) in your spandex on the track by 7:00 PM for
an informational meeting and introductory practice.

****No experience needed, we will teach you everything you will
need to know.**

For additional information or questions contact:

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