

UMBC RELATIONSHIP SKILLS WORKSHOP

**LEARN IMPORTANT SKILLS TO USE IN
YOUR RELATIONSHIPS:**

**EFFECTIVE
COMMUNICATION**

**EXPECTATIONS
& ASSERTIVENESS**

**NEGOTIATION
& COMPROMISE**

What happens in our relationships affects all aspects of our lives, including health, school, and other activities.

INFORMATION SESSION:

Wednesday, February 18th @ 12pm—Commons Rm. 331

PROGRAM INFORMATION:

8-week Program

Meetings on Mondays, 4:30-6pm

Begins March 2, 2015

SPACE IS LIMITED!

QUESTIONS?

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