

Utilizing Your Dependable Strengths to Maximize Your Potential

Workshop for Faculty and Staff

Begin to discover the talents and strengths that motivate you most. Through a peer-assisted group process, you will tap into your "good experiences" to see your patterns of strengths, begin to develop your professional brand, explore where you can maximize your strengths within your career, have a stronger sense of control over your happiness at work and become energized.

What past participants have said about this program...

"I now know how to articulate my strengths more confidently and approach tasks in a way that builds on those identified strengths."

"Knowing my dependable strengths will help me hone future career possibilities and will serve me in my current position by helping me identify projects where I can make the largest contribution."

Through this workshop you will be able to:

- See patterns of motivated strengths that energize you.
- Re-assess your current roles and position to see where you can maximize your skills, and have a stronger sense of control over your happiness at work.
- Develop a professional brand that highlights your dependable strengths.
- Gain self confidence and esteem.

**Wednesday
February 9, 2011**

9:00 am – 12:30 pm

**University Center,
Room 312**

Questions? Contact Anne Scholl-Fiedler at ext. 5-3908

Instructor:

Anne Scholl-Fiedler, Director of the Career Services Center

Registration is at 8:45 am. Please arrive early so we can begin promptly at 9:00 am.

Participants will be required to complete a four (4) page pre-work assignment that will take approximately one hour to finish. Completed pre-work must be brought to the workshop.

**** Please ensure that you have your supervisor's approval to do the pre-work and to attend the full length of the workshop. ****

Register on the web by February 1st at: www.umbc.edu/training/community

Spaces are limited and pre-registration is required.



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