



**COLLEGE OF NATURAL AND
MATHEMATICAL SCIENCES**

RESILIENCE IN RESEARCH: BUILDING GRIT IN THE FACE OF SETBACKS

Finding opportunities to gain research experience in the STEM field is challenging and often comes with rejection. Where do you go from there? What's next if the answer is no, or the opportunity no longer exists? Join us for a workshop to guide you through common challenges of applying for research opportunities, from overcoming the self-doubt that comes with receiving rejections to exploring non-traditional opportunities to gain experience in the STEM field.

WORKSHOP HOST



Dr. Maria Cambraia
Director, Research and
International Affairs
College of Natural and
Mathematical Sciences

Key Discussions & Insights

- ✓ Navigate next steps after offer rejections
- ✓ Ask questions & share comments
- ✓ Explore alternative ways to gain research experience

LOCATION



**University Center
115**



April 2, 2025 @ 5 PM



More information
@cnmstlc



RSVP
my.umbc.edu/groups/tlc