



UMBC RECREATION

**FINAL EXAM GROUP FITNESS SCHEDULE
EFFECTIVE MAY 11TH—MAY 17TH**



	WEDNESDAY MAY 11	THURSDAY MAY 12	FRIDAY MAY 13	MONDAY MAY 16	TUESDAY MAY 17
5PM	CARDIO PARTY: STREET JASMIN	CARDIO KICKBOXING YVONNE	4:30—5:30PM PILATES ABRIL	ZUMBA JENN	BOOT CAMP LAUREN
6PM	POUND JENN	YOGA DAKSHAYINI	5:30—7:00PM YOGA ABRIL	YOGA DAKSHAYINI	ZUMBA JANET

Classes are FREE to all UMBC students, faculty/staff and RAC members. No experience necessary. Athletic shoes/attire required. Classes are held in the RAC Fitness Studio unless noted.

Recreation Office 410-455-1539 RAC Front Desk 410-455-8888

@UMBCrec | my.umbc.edu/groups/fitness-at-therac