



# Parent & Child Connect Workshop



*Build stronger bonds. Strengthen relationships. Support brighter futures.*

Join our supportive 6-week Parent & Child Connect Workshop, designed specifically for Asian American (i.e., East Asian, South Asian, & Southeast Asian) parents who are navigating the challenges of raising school-aged children (PreK-12). Through evidence-based parenting strategies, supportive discussion, and role plays, this program helps families strengthen family bonds, improve communication, and nurture their children's growth, confidence, and emotional well-being.

This workshop parallels the youth SEL workshops. On June 7, youth and parents are invited to attend together to practice communication skills.

## What you'll gain:

- Build a stronger connection with your children
- Develop skills to support your children's success in school
- Reduce family stress
- Better navigate cultural differences at home
- Learn how to respond to bullying and discrimination

**Workshop dates:** Sundays April 26 - June 7, 2026 (no class on May 23)

**Trainer:** Dr. Cixin Wang, Associate Professor, School Psychology

**Time:** 7:00-8:45 p.m. EST

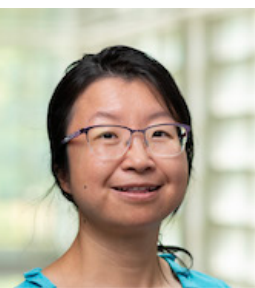
**Format:** All classes will be conducted virtually and in English



*Limited seats available. Participants who complete both the pre- and the post-class survey receive a \$10 gift card.*

## Registration link:

<https://docs.google.com/forms/d/e/1FAIpQLSegtO0oorB1lkYgT4kbfaL7JmptDQdBmiAk7RZwF6Xou-bNBQ/viewform?usp=publish-editor>



Dr. Cixin Wang is an associate professor and program director of School Psychology in the College of Education at the University of Maryland, College Park (Department of Counseling, Higher Education, and Special Education). She is also a licensed psychologist. Her research interests focus on bullying prevention and mental health promotion among children and adolescents. She has provided many parenting workshops in the community to support Asian American youth and families.